

**Fayette County  
Plans of Safe Care  
Family Support Center**



# Program

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## **SAI**

Implementation of Plans of Safe Care for infants born affected by prenatal substance exposure (SAI indicator)

## **pregnancy**

Implementation of Plans of Safe Care with focus on prenatal health. Two in-home visits per week for six weeks after birth



# Fayette County Women's Support Group

- Provide transportation assistance
- YMCA supervised childcare
- Therapeutic Intervention
- Group empowerment / Develop social supports
- Free use of YMCA facility after group
- Use of Family Center
- Healthy Food

# Underlying program approach

Creating new habits and skills for lasting change

Small client base, intense support, incentivizing change behaviors, not just participation.

Diverse team approach. Community Network Team, CYC staff, MSW/BSW interns

# POSC Incentive Program

Earn a \$100 gift card for independent proficiency in POSC goals. Non-negotiable goals that must be maintained for 60 days

EI	PCP/Prenatal for parents/caregivers
Relapse Plan	Pediatrician/All specialist for all children
Support Network	Transportation Goal
Utilize 1 Community Service	Comply with Post Partum Depression Screen
FCDA assessment	Mental Health Assessment
Compliance with tx program	

## Center Service Incentives

Cleaning and clerical jobs at the center earn \$10 gift card each. Limit 3 per family per week. Can also earn food pack or hygiene/cleaning products.

Can work toward earning larger incentives or set up center jobs as community service for fines.

# What we learned from Women's Group and POSC clients so far...

1. Parents struggling with addiction and poverty are not utilizing services and in some cases, avoiding providers due to stigma, judgement, poor treatment and fear that CYS will remove their children.
2. Clients respond to opportunity to take responsibility, earn incentives for work done at the center, praise and inclusion from staff.
3. Clients will avoid us when they fail or have a setback, re-engagement and confrontation are necessary
4. Many of our parents have childhood trauma related to CA/N, DV, substance /alcohol use – emotionally immature
5. Building trust takes time, and word of mouth works wonders!

# The Family Center:



**Confidential Office:** Warm and inviting space where clients can meet with providers or have a quiet space. Can also be used for event childcare and small meeting space.

**Family Room:** Living room furniture, dining tables, television, children's furniture and toys. Family friendly for events, meetings, services, visitation, and more.

**Infant room:** connects to family room. Features a crib, changing table, rocker, supplies for infant care. Can be used for babies visiting the center, teaching, and observing. Also has pack and plays, bay seats, infant toys, teethingers, blankets, and other items that can be used while at the center.

**Laundry Room (coming in 2024):** Washer and Dryer available for client use, and center use

**Kitchen:** used for meal prep and storage for donations and stabilization items.

**Care and Share** – donations that can be earned or used for stabilization



# Family Center principles:

- Safety: non-stigmatizing, warm and inviting, family friendly, trauma focused
- **Center visits do not create hardships.** Gas cards, transportation, food, diapers, toys, bottles, cups, high chair, crib, baby seats, changing table..etc are readily available
- Honesty and accountability both staff and clients (mean what you say, face the facts of the situation)
- Center adaptability to change according to client need
- Advocacy: advocating for families, modeling and promoting self advocacy
- Opportunity for leadership, giving back, mentoring, promoting the program to others



# Center Activities and Services

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Drug and alcohol assessments

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Safe place for clients who do not want providers in their home

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Family space that is kid friendly

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Visitation options

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Computer and Printer Access

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Counseling and mentoring

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Meeting service providers

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using computer/printer

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schoolwork

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Education

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Observation and Assessment

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Empowerment through community service

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Advocacy (Attending court hearings, meetings, phone calls, model behaviors, develop strategies)

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Community Service opportunity for legal issues/fines

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Informal family groups to develop support system and family plans – teaming with the family

# Barriers



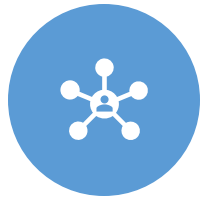
Fear of CYS, mistrust,  
refusal to get past initial  
face-to-face



Lack of staff, rotating  
interns



Transportation



Social Work positions  
require restructuring of the  
agency, lots of funding  
needed to develop services



Interns are not always  
reliable or steadily available



CWEL provides fantastic  
resource with CYS  
knowledge



Cannot provide counseling  
due to licensing and  
insurance purposes

# Coordination and Cooperation in Fayette!

- Laundry Room- donated after a social media post
- Upcoming -Community Team Incentive: Provide client support /mentoring during drop-in hours 11-3 to earn \$30 gift card incentive or agreed upon POSC goal incentive
- Mondays- Drug and Alcohol assessments at the center
- Experience WORKS program ( Community Action) for social services /social work experience
- Summer Activities for women's group to promote and fund raise
- ALANON meetings Friday evenings
- Triple P group, Parents as teachers group connections
- Potential opportunity for father engagement programs such as group or support sessions
- Weekly Team meetings – invite agencies, programs, to meet and collaborate
- Center Tuesdays- 1<sup>st</sup> and 3<sup>rd</sup> Tuesday 11-1 agencies can sign up to provide a service, class, or support session. 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays is a client ran event such as group, story time, calming baby support sessions. Structured children's activity planned for every Tuesday
- Transitional Employment Consultants
- Community Based Care Management

# Spreading the trust...

The center is made available to agencies to come in see what we do, figure out how we can work together, and to host events that provide services to our clients in this space

Staff are always willing to come and speak at staff meetings and events to explain the program

Time spent teaching agencies engagement techniques and strategy to recommend the program

We are talking to their counselors, the magistrate, the teacher, the principal, their county caseworker. The family's team knows us and we know them.

*Clients and their families develop trust in the POSC staff – when other agencies and programs come into the center for events, the families are more likely to engage in an atmosphere where they are safe. The network of trusted faces starts to grow.*



**Drop in center hours:**

Parents/caregivers in the program or any caregiver caring for a substance affected infant can come to the center during certain Hours and receive immediate help with the child(ren) if they are overwhelmed.

EMS will evaluate the child for any illness or immediate medical need. Staff will calm the child, provide care to give the caregiver a break. Social worker will do screening and interview to assist with immediate support needs and link to services. Assist with creating a support plan.

Potential community service opportunity for center members to provide mentorship, hot meal, and support to the caregiver.



# Contact Information

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POSC Contact Info for Professionals and Clients:

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## **Contact me with:**

Concerns/Problems with referrals  
General concern, suggestions, or questions regarding POSC

**Questions,  
Comments?**