Trauma-Informed Schools: How child maltreatment prevention, detection, and intervention can be integrated into the school setting.

#### Session #3: Educational Settings

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#### "Wicked" Problems

- Rittel & Weber (1973) distinguished between problems or issues that are tame versus wicked, particularly looking toward policy solutions
- *Tame* does not mean simple, but that the:
  - Problem can be tightly defined
  - Technical (not easy) solutions can be identified and worked towards
- A wicked problem defies pragmatic solution(s):
  - The problem is itself complex
  - Is embedded in systems with divergent aims
  - The problem is often constructed differently by stakeholders and, thus, embedded in contested normative and political domains
  - Involve conditions of resource uncertainty



#### **Taking Points**

- A selective overview of child maltreatment, child welfare system involvement, and placement
- In keeping with the wicked problem theme, give a "birds eye" views of the overlapping systems of care most directly implicated in the discussions that have unfolded.
  - Institutional/ organizational/ policy logics
- Discuss some ways to begin to think of solutions from a "wicked" perspective



Talking Point #1: Selective Overview (i.e. the problem is complex)



# The experience of maltreatment: a a common thread among many systems-involved youth

- Child welfare "system"
- Juvenile justice system
- Child mental health "system"



## For whom does maltreatment prevention work? (Berrick, 2013)

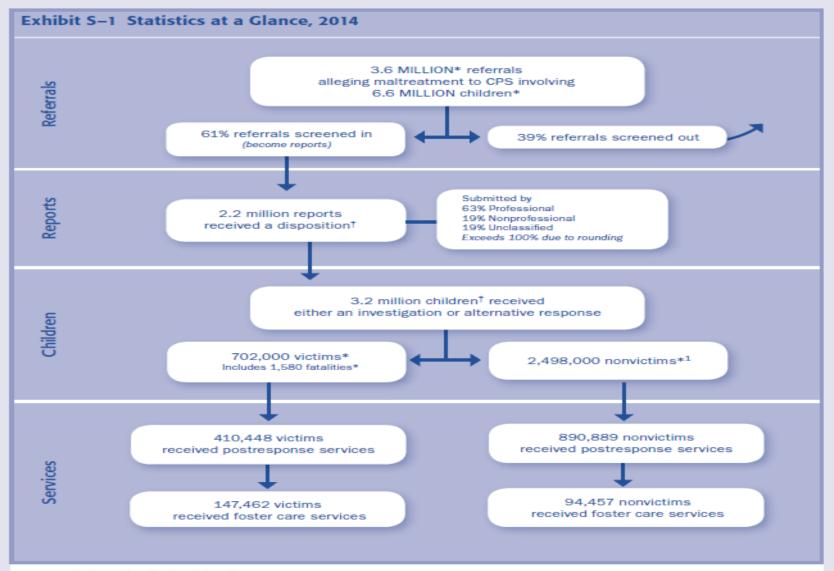
Marginalized and multi-stressed families (6-8% of children)

Evidence base (which has had criticisms) is here

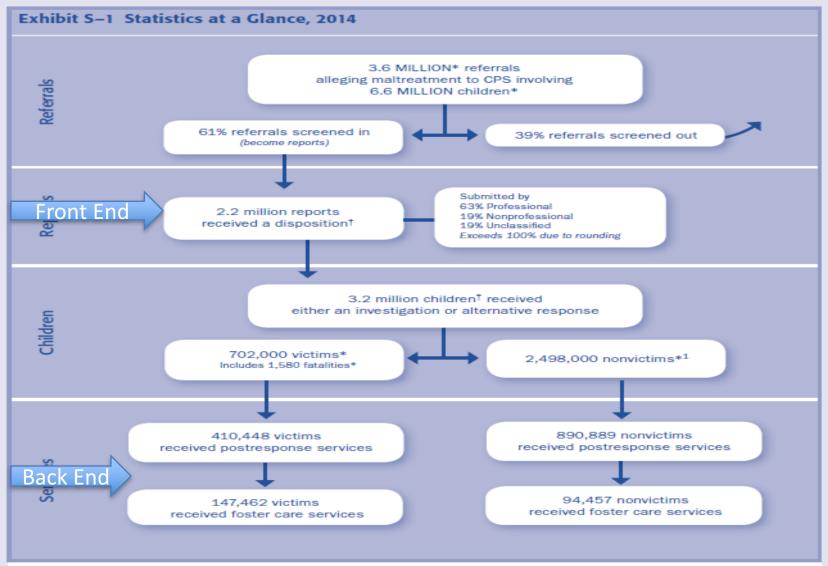
Families with some challenges

Families who can parent without support

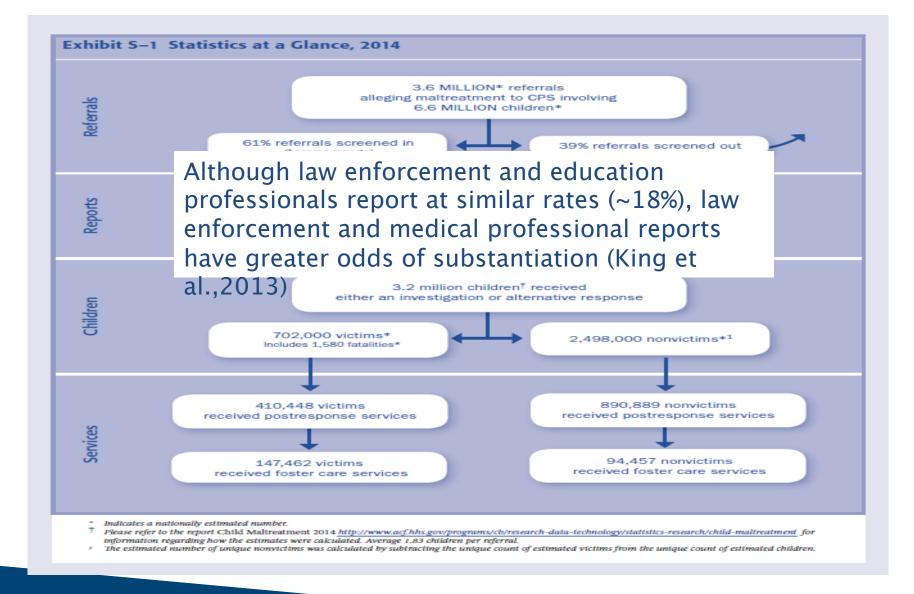




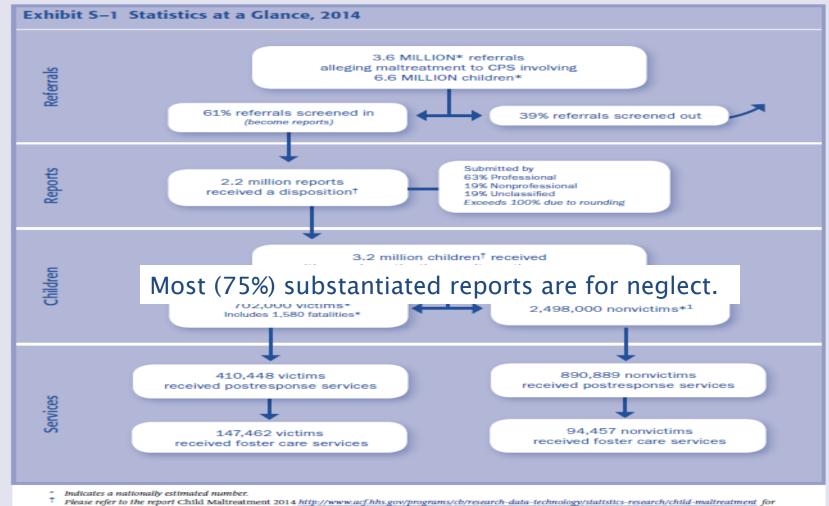
- \* Indicates a nationally estimated number.
- Please refer to the report Child Maltreatment 2014 http://www.acf.hhs.gov/programs/cb/research-data-technology/statistics-research/child-maltreatment for information regarding how the estimates were calculated. Average 1.83 children per referral.
- The estimated number of unique nonvictims was calculated by subtracting the unique count of estimated victims from the unique count of estimated children.



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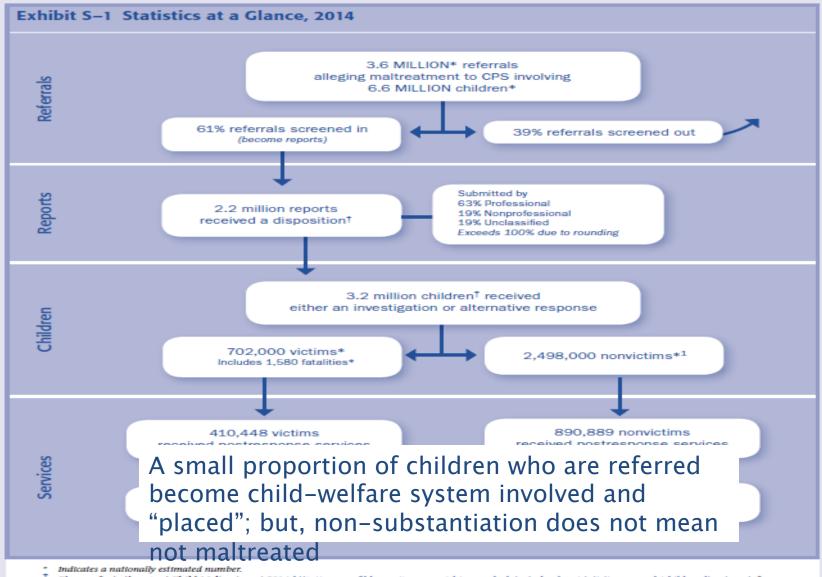






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## Back End: Placement dynamics (Wulcyzn et al. 2012)

- Of those placed, approximately half live in foster homes, 25% live with kin, and 25% live in group care or other settings.
  - Children under age 1 and over age 11 are most likely to be placed
  - Median length of stay by state ranges between 5 to 24 months.
  - Half of foster youth experience at least one placement change and 30% have three or more placement changes.
  - Although most children and adolescents are reunified (60%) with their families, 20% are adopted. About 20% of youth will re-enter the system within two years of



### Maltreatment and child welfare system involvement rooted in structural conditions

- Nationwide, county-level income inequality associated with county-level maltreatment rates, controlling for child poverty rates (Eckenrode et al., 2014)
- Vexing concerns about racial disproportionality across decision making points in the system (Wulczyn et al., 2012)



#### Children with maltreatment histories struggle in school

- Over and above socio-demographic risk factors, maltreatment related to lower standardized reading and mathematics test scores and grades, higher absenteeism, and increased likelihood of grade repetition (for a review, see Stone, 2007).
- Observed associations between maltreatment, early behavioral problems, placement in special education, and dropout are largely accounted for by socio-demographic risk factors (Leiter & Johnsen, 1994), suggesting important sources of heterogeneity within the population of maltreated children, including the timing and type of maltreatment in addition to the academic outcome domain considered.
- Among young samples, both cognitive and non-cognitive variables associated with school success are inversely associated with maltreatment (e.g. teacher ratings of learning behaviors and to skills like flexibility, persistence, and problem solving (Fantuzzo, Perlman,

## Children in foster care struggle in school

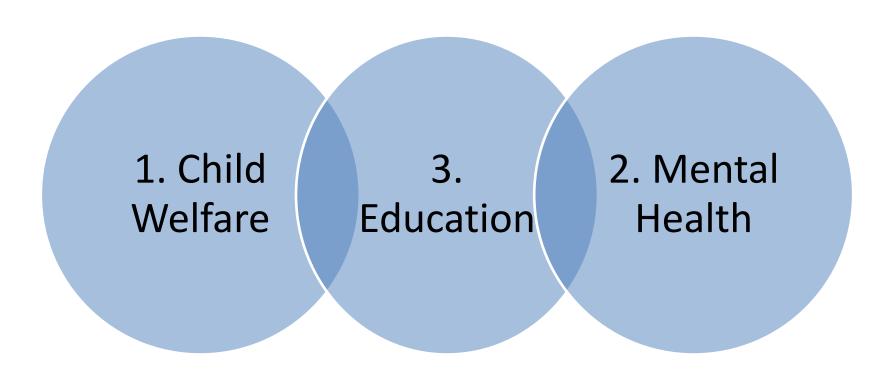
 A meta-analysis of 31 studies concluded that foster children may be centrally characterized by elevated risk for grade retention, special education involvement, and disciplinary referrals (Scherr, 2007).



Talking Point #2: Bring systems themselves to the forefront (i.e. systems have divergent aims; stakeholders operate in contested normative and political domains with resource constraints)



## "Systems" Considered: Multiple stakeholders





#### Child Welfare System

- Not really a "system" per se (Berrick, 2011; Hahnel & Van Zile, 2012; Wulczyn et al., 2012).
  - Although federal law mandates that child protection agencies exist and that they adhere to a broad set of requirements and goals, the system is differentially administered at state and local levels.
- Child welfare policy and related reform has largely been focused on what are termed "permanency goals." To the extent possible, it is a systems goal to ensure that children remain in their own homes, which necessitates balance of parental rights against risk of child harm.
- Once youth are removed, the system goal is permanency (and to some extent, stability).



#### Child Welfare System

- The Adoption and Safe Families Act (ASFA) of 1997
  - Emphasized strict time limits on permanency decisions. That is, decisions to return children home or arrange for alternative plans (e.g., adoption) were to be made within 12–18 months.
  - Emphasized adoption as the preferred permanency alternative when reunification with families was not possible, and provided financial incentives for each child adopted from foster care.
  - Established a set of national goals related to safety, permanency, and child well-being.



#### Child Welfare System

- Fostering Connections to Success and Increasing Adoptions Act of 2008
  - Called attention to the importance of creating service-related connections to family or adoptive parents and to older youth in the system.
  - Aimed to improve educational stability and opportunities.
    States that child welfare agencies must create a plan for providing educational stability for foster children.
    - Placement decisions must consider proximity to the child's original school if that is in his or her best interest. Otherwise, must ensure immediate and appropriate enrollment in a new school and the child welfare agency must transfer all of the student's educational records.
    - Increases the amount of federal funding that can be used to cover education-related transportation.
  - However, legal advocates note that provisions are insufficient to ensure adequate accountability in regards to educational outcomes or to foster or incentivize authentic collaboration between schools and child welfare agencies



### Problems of Coordination and Collaboration (Stone & Zibulsky, 2015)

- Demands on families and caregivers involved in the child welfare system are monumental (Barth, 2015; Saunders, 2015)
- School mobility and placement changes
- Family Education Rights and Privacy Act complicates record sharing
- Unclear lines of communication between school and child welfare staff
- Unclear educational surrogacy
- Education not a priority when often focus is on beds



#### Child Mental Health System

- Again, not really a system
- Longstanding issues in creating, sustaining, and authentically implementing mental health systems of care for children, given unmet mental health need (Atkins & Frazier, 2011; Duchnowski & Kutash, 2007).
  - Access and utilization patterns shaped by child socio-demographic factors, including minoritized race and ethnicity and socioeconomic status.



#### Child Mental Health System

- Schools ARE the de facto mental health system for children (80% of schools offer some services and 80% of services received are delivered in schools (Atkins & LaKind, 2013)
  - While parents appear to prefer this access pathway, they are not sufficiently engaged in school-based service delivery
- Calls for coordinated and collaborative approaches that draw on the indigenous resources available in local school sites (Atkins et al., 2010)



## Schools as Systems: Institutional and organizational perspectives (Cuban, 2012; Stone & Moragne, 2016)

- Schools reflect dominant and conflicting social values
  - Standards focused versus whole child approaches
  - Schools as "catch alls" for vexing issues
- Schools were originally designed for enrollment and still retain that structure, which is often taken for granted



## Schools as Systems: Institutional and organizational perspectives (Cuban, 2012; Stone & Moragne, 2016)

- Schools practices reliably construct differences (often racialized) among students
- Although there is good evidence about what well-functioning schools look like (cf. trauma sensitive learning environments), schools are difficult to reform
  - Black box of instruction
  - Takes a laser focus on adults in the school setting



#### School-based service delivery

- Schools have been key sites of health and psychosocial service delivery for 100 years (Tyack, 1995)
- But, services are often unevenly funded, wax and wane, and can get co-opted into sorting structures
- The problem of service penetration: Double-edged sword
  - Powerful advocates that do not disrupt "black box" of instruction
  - But, many mental health interventions do not have strong enough instructional levers to push meaningful academic growth (Atkins & Lakind, 2013)



## Aspiration: SMART Supports (Weinstein & Bialis-White, 2016)

- Moving beyond programs to processes and packaging
- Assert key principles of school based supports
  - Schoolwide, strengths-focused, stigma free, with second chances
  - Multi-domain and multi-culturally oriented
  - Alignment and adaptability
  - Relationally oriented and responsive (relationships, then rigor; also a feature of culturally responsive pedagogy)
    - Teachers
    - Parents/ caregivers



## Building SMART Supports take coordination and collaboration



## Framing solutions to wicked problems (Roberts, 2000)

- Authoritative (vest control within one stakeholder)
  - Finland and Great Britain (one child serving system)
- Competitive (pit stakeholders against each other)
- Collaborative (!!!)



#### Thank You!

